

Please Join New York Times best-selling author Dr. Peter J. D'Adamo for an evening of information and self-discovery

The Blood Type Diet[®]

THE PROMISE OF PERSONALIZED NUTRITION

Knowing your blood type gives you the nutritional edge in weight loss, helps to resolve health issues, and opens the door to a vital, energetic new you.

**NOV
6TH**

Thursday, November 6, 2014 @ 7pm

Westport/Weston YMCA

14 Allen Raymond Lane | Westport, CT

Seating is extremely limited, reserve your seat now!
Call ALEXI at: 203.226.8981

D I R E C T I O N S A R E O N R E V E R S E S I D E

Thursday, November 6, 2014 @ 7pm
Westport/Weston YMCA
14 Allen Raymond Lane | Westport, CT

MERRITT PARKWAY, HEADING NORTHBOUND:

Exit 41

Immediately off the exit, go LEFT down Allen Raymond Lane.
That's our private road and it's impossible to miss us.

MERRITT PARKWAY, HEADING SOUTHBOUND:

Exit 41

RIGHT at the light

LEFT at the light right before "The Red Barn."

STRAIGHT into Allen Raymond Lane.

That's our private road, once again.

I-95, HEADING NORTHBOUND

Exit 17

End of ramp, go LEFT onto SAUGATUCK AVE. Go 3.2 miles

Continue on Rt. 33

Light after Red Barn, turn right onto Allen Raymond Lane.

I-95, HEADING SOUTHBOUND

Exit 17

End of ramp, go LEFT onto SAUGATUCK AVE.

Go another 3 miles or so.

Light after Red Barn, turn right onto Allen Raymond Lane.

**Our actual address is 14 Allen Raymond Lane, Westport, CT, 06880. It's such a new address it doesn't show up on all maps yet, but referencing "The Red Barn" really helps.