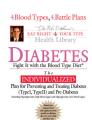


## Errata Sheet

## Diabetes: Fight it With the Blood Type Diet®

- 1. Page 120: BARLEY is Neutral for Type B. It is incorrectly listed as an Avoid.
- 2. Page 128: FENUGREEK TEA is Neutral for Type B. It is incorrectly listed as an Avoid.



Dr. Peter J. D'Adamo

To verify any food values, go to www.dadamo.com, click on "Online Support," and scroll down to "Type Base Food Values."

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